



MOVE-A-LONG WITH SING-A-LONG Workshop

South Africa 08h30 - 15h00 United Kingdom 09h00 - 15h30

MOVE-A-LONG WITH SING-A-LONG is an exciting and innovative workshop that inspires delegates (usually teachers, assistants and/or parents) to help children learn to read and spell, while at the same time having an enormous amount of fun.

It is well known that music, and in particular singing, can have a wide range of benefits for children, and there are many reasons why singing is such a great activity for them and for adults too. One of the most important benefits of singing is that it can accelerate learning and improve the memory. It is also good for children's health and their emotional well-being, and can increase their confidence and their communication skills. When combined with movement it has even greater value in that it also helps to increase general physical fitness.

The MOVE-A-LONG WITH SING-A-LONG workshop is structured around the THRASS SING-A-LONG Interactive Book software and the audio CD that contains both vocal and instrumental tracks of the 44 phoneme songs, that help children to learn about the 44 sounds (phonemes) and 120 main spelling choices (keygraphemes) of English by singing and moving with the songs. The main aim of the workshop is for delegates to have fun while gaining group work experience of singing, dancing and performing actions to a selection of the songs.

The workshop is divided into four sessions and involves working in both large and small groups. The aim is not to rush through all 44 phoneme songs but rather to gain confidence by singing and moving to a selection of them. During each session, delegates use the Interactive Book software to learn a number of the songs by reading and singing each one a few times, before adding simple movements suitable for all ages and fitness levels to MOVE-A-LONG to the SING-A-LONG songs. Delegates learn the songs that have the easiest movements first and in his way gain confidence to try more complicated movements as the workshop progresses. To make the most of the day, delegates should ideally already be familiar with the songs.

The workshop is also a good introduction to a large number of different musical genres and dance rhythms from around the world, as each song has been written in a different musical style. These include African Round, Blues, Boogie, Charleston, Disco, Hawaiian, Hip Hop, Irish, Jazz, Jive, Pasodoble, Ragtime, Reggae, Twist and Waltz.

By the end of the workshop delegates will be able to share the songs and dances with their own class or child in the same fun and exciting way, and engage them in MOVE-A-LONG whilst singing the SING-A-LONG songs. And their children will not only be learning but having a great time too!

The workshop fee does not include the cost of the SING-A-LONG resources. The THRASS SING-A-LONG BOOK, SING-A-LONG CD and SING-A-LONG INTERACTIVE BOOK are available in South Africa from PWS www.pws.co.za and in the UK from THRASS UK www.thrass.co.uk